The LifeLine Course – February 2027 Course Schedule

NB: ATTENDANCE AT ALL SESSIONS IS MANDATORY

MODULE 1 **– SELF GROWTH**

Course Prep: Week of 01 – 05 February 2027 TBC (Facilitators Only)

SESSION	DAY	DATE	TIMES (AM)	OR	TIMES (PM)
1	Wednesday	10 February 2027	09.00-12.30		18:00-21.30
2 & 3	**Saturday**	**13 February 2027**	**09.00-16:00**		
4	Wednesday	17 February 2027	09.00-12.30		18.00-21.30
5	Wednesday	24 February 2027	09.00-12.30		18.00-21.30
6	Wednesday	03 March 2027	09.00-12.30		18.00-21.30
7	**Saturday**	**06 March 2027**	**09.00-12.30**		
8	Wednesday	10 March 2027	09.00-1230		18.00-21.30
9	Wednesday	17 March 2027	09.00-12.30		18.00-21.30
10	**Saturday**	**20 March 2027**	**09.00-12.30**		
11	Wednesday	24 March 2027	09.00-12.30		18.00-21.30
12	Wednesday	31 March 2027	09.00-12.30		18.00-21.30

MODULE 2 **– FOUNDATION IN COUNSELLING**

Course Prep: Week of 12 – 16 April 2026 TBC (Facilitators Only)

SESSION	DAY	DATE	TIMES (AM)	OR	TIMES (PM)
1	Wednesday	14 April 2027	09.00-12.30		18:00-21.30
2	**Tuesday**	**20 April 2027**	**09.00-12.30**		**18.00-21.30**
3	Wednesday	05 May 2027	09.00-12.30		18.00-21.30
4	Wednesday	12 May 2027	09.00-12.30		18.00-21.30
5	**Saturday**	**15 May 2027**	**09.00-12.30**		
6	Wednesday	19 May 2027	09.00-12.30		18.00-21.30
7	Wednesday	26 May 2027	09.00-1230		18.00-21.30
8	Wednesday	02 June 2027	09.00-12.30		18.00-21.30
9	Wednesday	09 June 2027	09.00-12.30		18.00-21.30
10	Wednesday	23 June 2027	09.00-12.30		18.00-21.30

SKILLS PRACTICE GROUPS (ONLINE FOR ALL GROUPS) ***** *GROUP PRACTICE WITH ALTERNATIVE FACILITATOR*

SKILLS PRACTICE SESSION NO	DAY	DATE	TIMES
1	Day TBC	21st April to 4th May 2027 (between Module 2 Sessions 2 & 3)	2 hours - time TBC
2	Day TBC	6th May to 11th May 2027 (between Module 2 Sessions 3 & 4)	2 hours - time TBC
3	Day TBC	13th May to 18th May 2027 (between Module 2 Sessions 4 & 6)	2 hours - time TBC

INTRA-GROUP CALLS ***** *GROUP MEMBERS CALL EACH OTHER & ACT AS CLIENT OR COUNSELLOR*

INTRA-GROUP CALLS	DAY	DATE	TIMES
Minimum 1 call with each group member	Day TBC	21st April to 1st June 2027 (between Module 2 Sessions 2 & 8)	Approx. 20mins each - time TBC

FACILITATOR & EXTERNAL MOCK CALLS

**FACILITATOR MOCK CALL: Call with Facilitator (Client) to practice*

**EXTERNAL MOCK CALL: Call with an alternative Facilitator/Counsellor which is recorded & reviewed*

MOCK CALLS	DAY	DATE	TIMES
FACILITATOR MOCK CALL	Day TBC	20th May to 25th May 2027 (between Module 2 Sessions 6 & 7)	15mins each - time TBC
EXTERNAL MOCK CALL	Day TBC	27th May to 1st June 2027 (between Module 2 Sessions 7 & 8)	15mins each - time TBC

PLEDGE CEREMONY:
Saturday 3rd July 2027 morning

INTERNSHIP PROGRAMME (Provisional Dates & Times)

NB: ATTENDANCE AT ALL SESSIONS IS MANDATORY

A programme focused on a specific theme per week presented as a talk by an expert/s in the field. This is followed in a few days by a session with Mentors hosting group discussions and focused roleplays to integrate the theme and entrenching the LifeLine person-centred counselling skills. Formal training regarding the role of a Counsellor with LifeLine, protocols, administration and ethics surrounding a counselling relationship is included.

MODULE 3 – ADVANCED COUNSELLING THEMES

Course Prep: Week of 28 June – 02 July 2026 TBC (Mentors Only)

	SESSION	DAY	DATE	TIMES	TOPIC
	Mentor Intro	Wednesday	07 July 2027	18.00-21.00	
1	**Intern1**	**Saturday**	**10 July 2027**	09.00-12noon	**HIV, AIDS & Dread Diseases TBC**
1	Mentor1	Wednesday	14 July 2027	18.00-21.00	
2	**Intern2**	**Saturday**	**17 July 2027**	09.00-12noon	**GBV/Rape TBC**
2	Mentor2	Wednesday	21 July 2027	18.00-21.00	
3	**Intern3**	**Saturday**	**24 July 2027**	09.00-12noon	**Loss/Bereavement TBC**
3	Mentor3	Wednesday	28 July 2027	18.00-21.00	
4	**Intern4**	**Saturday**	**31 July 2027**	09.00-12noon	**Addiction TBC**
4	Mentor4	Wednesday	04 August 2027	18.00-21.00	
5	**Intern5**	**Saturday**	**14 August 2027**	09.00-12noon	**Trauma TBC**
5	Mentor5	Wednesday	18 August 2027	18.00-21.00	
6	Mentor6	Wednesday	25 August 2027	18.00-21.00	
7	Mentor7	Wednesday	01 September 2027	18.00-21.00	

NOTE: SEQUENCING OF SATURDAY TALK SUBJECT MATTER TO BE CONFIRMED

A Readiness Interview will be conducted prior to the guided calls process to determine the Trainee's readiness for the Guided Call process.

MODULE 4 – GUIDED CALLS

To be scheduled from September 2027 to November 2027. Interns will do guided calls with up to 5 real-time Clients (including follow up calls), which will be debriefed and assessed. A Readiness Interview will be conducted post guided calls completion for integration into the LifeLine Johannesburg counselling body.